



ANT HILL

8	S	
&		R(XIB)
7	S	
a	H	
&		R(OTS)
6	ST	
&		ST
5	BO	BO
&		D
4	BO	BO
&		D
3		ST
A		BR
&	HOP	
E		SK
2	BA	
A	H	
&		BA
E		H
1	S	
&	D	
L		R

CANADIAN COWTAIL

8	ST	
&		S
e		D
7	S	
&		S(XIF)
e		D
6	S	
&		D
5		COWTAIL
&		
4	SL	SL
&	BA	BA(XIB)
3	SL	KICK(OTS)
&	DR	LIFT
2		TCH
a	HOP	
&		D
1	S	
&	D	
L		R

BE THERE

8		HOP
a	BR(B)	
&		HOP
e	SK	
7		HOP
a	TIP	
&		S
e		H
6	HOP	
a		SK(F)
&	HOP	
e		TIP(OTS)
5	HOP	
a		TIP(XIB)
&	HOP	
e		D
4	BA	
a	TIP(XIB)	
&		HOP
e	HL (OTS)	
3		HOP
a	TIP(OTS)	
&		S
e		D
2	S	
a	H	
&		S
e		TIP(XIB)
&	ST	
L		R

MAC

8	S	
a	H	
&		HOP
e	H	
7		S
a		H
&	HOP	
e		H
6	BA	
a	H	
&		BA
5	BA	
a	H	
&		DIG
4		TCH
&	HOP	
e		D
3	HOP	
a		D
&	HOP	
2		S
a		BR
&	HOP	
e		SK
1	ST	
&		
L		R

LITER

8		ST
a	HOP	
&		D
7	HOP	
&	BA	FL(HEEL XIF)
6	BA	FL(HEEL OUT)
&		DR
5	LIFT	
&		SL
e		BA
4		TIP
a	BA	
H		
e		HOP
3	D	
&		HOP
2		
a	HOP	
&		D
1	BA	
&		BA
L		R