

FREE YOUR MIND

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ADVANCED LINE W/JAZZ!

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The Sequence:

Jazz A A B C A A B C JAZZ B C END

The Sections:

A =	Toe Skuff Run	B =	Janet	C =	Sherry
	Leg Hit		Pops		Shawn
	Futrell		Janet		Sherry
	Heel Front/Mule		Pops		Shawn

The Steps:

TOE SKUFF RUN

8	HOP
a SK	
&	HOP
e TIP	
7	HOP
& HOP	
e	SK
6 HOP	
a	TIP
& HOP	
5	HOP
a SK	
&	HOP
e TIP	
4	HOP
& HOP	
e	SK
3 HOP	
a	TIP
& HOP	
2	S
&	R
1 S	
& D	
L	R

LEG HIT

8	LIFT	SL
&	HL	BO
7	BO	BO(XIB)
&		D
6	SL	LIFT
&	BO HL	
5	BO	BO
&	D(XIB)	
4	LIFT	SL
&		BA
e		TIP
3	BA	
a	TIP	
&		BA
2	HIT	HIT
&		
1	S	
&	D	
L	R	

HEEL FRONT & MULE

8	ST
&	LIFT
7	TIP
&	LIFT
6	S
&	D
5	ST
&	LIFT
4	SL
&	HL
3	SL
&	HL
2	LIFT
S	
&	R
1	S
&	D
L	R

FUTRELL

8	SL
&	BA
7	S
&	D
6	S
&	D
5	S
&	R
4	SL
&	BA
3	D
&	SL
2	BA
&	D
1	S
&	D
L	R

JANET

8	S
&	LIFT
7	KICK
&	LIFT
6	S
&	LIFT
5	KICK
&	LIFT
4	S
&	LIFT
3	KICK
&	LIFT
2	S
&	LIFT
1	KICK
&	LIFT
L	R

SHERRY

8	SL
&	BA
7	HL
a	HL
&	T
e	T
6	HL
a	HL
&	T
e	T
5	HOP
a	SK
&	HOP
4	S
a	S
e	T
3	HOP
&	SK(OTS)
2	HOP
e	SK(XIF)
1	S
&	D
L	R

SHAWN

8	SL
&	BA
e	BA
7	BA
&	BA
6	ST
&	HOP
e	D
5	HOP
a	D
&	HOP
4	S
&	HOP
e	SK
3	HOP
&	S
2	S
&	HOP
e	SK
1	HOP
a	D
&	HOP
L	R

