

# Bring in Da Noise

From the CD: No Strings Attached  
JIVE #01241-41702-2

Artist: NSYNC

Low Intermediate ROUTINE for TEACHERS CLASS

Choreography: Simone Pace ★ E-mail: [simone@marykay.com](mailto:simone@marykay.com)  
websites: [www.simonepace.com](http://www.simonepace.com) ★ [www.marykay.com/simone](http://www.marykay.com/simone)

## The Sequence

**A B C A D A B C A D 1/2B 1/2C A A A BEND DOWN HAND UP(WHAT!)**

## THE SECTIONS:

### A

4—Wave & Twist  
Back up—come on come on  
Forward—raise roof  
Step left & clap  
Step rt & clap

### B

4 Turkey  
4 Stomp double

### C

Drag  
4 basic (turn to back)  
Drag  
4 basic (turn to front)

### D

Duck Duck Goose  
4 Basic

## THE STEPS:

(Read each step from the bottom)

### Turkey

4	S		
&			R
3	S		
&	D		
2			S
&	FLAP		
1	HL		
&			
	L		R

### 2 Stomp Double

8		S	
&	R		
7		S	
&		D	
6	S		
&	D		
5		ST	
&			
4	S		R
&			
3	S		
&	D		
2		S	
&		D	
1	St		
&			
	L		R

### Drags

8		S	
&	DR		
7	S		
&		DR	
6		S	
&		D	
5	S		
&	D		
4		S	
&	DR		
3	S		
&		DR	
2		S	
&		D	
1	S		
&	D		
	L		R

### 4 Basic

8		S	
&	R		
7		S	
&		D	
6	S		
&		R	
5	S		
&	D		
4		S	
&	R		
3		S	
&		D	
2	S		
&		R	
1	S		
&	D		
	L		R

### DUCK DUCK GOOSE

8		S	
&	R		
7		S	
&		D	
6		LIFT	
&	BO (TOG)		
5	BO (TOG)		
&			
4	BO (APART)		
&	BO (TOG)		
3	BO (TOG)		
&			
2		S(OUT)	
&		D	
1	S		
&	D		
	L		R

INSTRUCTORS: If you don't know how to read my method of note writing, don't panic! I will be happy to help you!!!

BO = Bounce  
D = Double (like shuffle in tap)  
HL = Heel

S = Step  
R = Rock (like ball in tap)  
SL = Slide

ST = Stomp  
TOG = together